



Bear Valley Medical Clinic Weight Loss Program

Bear Valley Medical Clinic is Now Offering FDA Approved Medically and Supervised Weight Loss Medication Therapy with Semaglutide.

Semaglutide is a prescription medication that is administered once weekly via in-office injection. The use of Semaglutide with adequate nutrition, reduced caloric intake, and regular physical exercise is a productive way to lose excess body weight and keep it off long term when coupled with a healthy lifestyle change.



- **Semaglutide assists in weight loss by helping control overall calorie consumption**

- This is achieved in two ways:

- First, by slowing gastric emptying, keeping food in the stomach longer and extending the feeling of fullness.

This reduces the urge to eat frequently or avoid excessive overeating.

- Second, is by positively impacting the brain's satiety centers. These centers are responsible for signaling when we are full. By stimulating these centers, Semaglutide promotes satisfaction with smaller food portions, further supporting reduced total calorie intake.

- **Semaglutide is an FDA approved medication**

- When taken under the supervision of a medical provider and combined with proper nutrition and a healthy lifestyle it is a safe way to reduce body weight.

- Only about 5% of patients experience side effects. The most common side effects reported are nausea/vomiting, heartburn, and bloating. In some cases, anti-nausea medication can be prescribed if necessary.

- Weekly dose adjustments can be made to reduce any unwanted effects.

- **Contact our office for a consultation**

- Those who are overweight or suffering from obesity may be a good candidate.

- During consultation, we will discuss your health history, current medications, and family health history.

- You do not need to be an established patient at Bear Valley Medical Clinic to qualify, anyone can join this program.

- Average weekly dosing for most patients is between 0.25mg to 1mg.



Dose	Price
0.25mg	\$50.00
0.5mg	\$55.00
0.75mg	\$60.00
1.0mg	\$65.00
1.25mg	\$70.00
1.5mg	\$75.00
1.75mg	\$80.00
2.0mg	\$85.00
2.25mg	\$90.00
2.5mg	\$100.00

****This is a cash pay program and will not be billed through insurance.**

Contact Bear Valley Medical Clinic today at 541-237-5040

